



# Wainwright Torpedoes Swim Club

## – 2025 Parent Quick Reference Guide

### Welcome to The Torpedoes Swim Family!

#### ABOUT SWIM CLUB

- We belong to ASSA (Alberta Summer Swimming Association)
  - Alberta is split into 6 Regions (A-F)
  - We are part of Region C (includes Wetaskiwin Olympians, Vermilion Vipers, Sherwood Park/Derrick Devil Rays, Lloydminster Rebels, Camrose Sea Serpents, Provost Piranhas, Wainwright Torpedoes, Edmonton UofA Huma, Fort Saskatchewan Piranhas)
- Our focus is to have fun and enjoy the sport of swimming
- Emphasis is on personal development, achieving personal bests as well as teamwork

#### THE SEASON

- The Season runs May 1 to mid August
- Practice Dates
  - May & June: Monday – Thursday from 5:15-6:30pm
  - July & August: Monday – Thursday from 4:30-6pm

#### FEES - not included in the registration

- \$400 Fundraising Deposit via postdated check for August 1
  - 1 per family is due by May 12
- Swim meet registrations will be \$25-\$35 per swimmer depending on the meet
  - must be paid before your child is registered to attend a meet
- Team gear (swimsuits, hoodies, sweatpants, swim caps, etc.) from 1234 Marketing
  - More information will be sent out regarding prices and date/time for team fittings to order
  - These are not mandatory to purchase



#### FUNDRAISING

- the actual cost per swimmer is about \$1500 (registration fee is only \$525) therefore it is vital for **everyone to participate** in fundraising!
  - Information on fundraising will be sent out. Some of our regular fundraising activities are: Swim-a-thon, 50/50 or Raffle, Bottle Drive and a Casino
- Let us know if you would like to join the fundraising committee or have ideas to share



#### VOLUNTEERING EXPECTATIONS

- Every swimmer sends one parent/guardian to volunteer at meets in which they attend
- One person from every household should obtain at minimum the intro to swimming course

#### Board Members Contact Info:

- **Colby Mainville** (President)  
587-281-2516
- **Katherine Petersen** (VP)  
780-806-9584
- **Diane Evans** (Treasurer)  
403-575-5392
- **Lindsay Carton** (Secretary)  
306-603-1144
- **Stella Lee** (Registrar/COA)  
780-806-9882
- **Jodi Valteau** (COA)  
780-842-0683
- **Selene Stang** (Director)  
780-806-6819

## CLUB COMMUNICATION/RESOURCES

### Websites:

- SportsEngine Motion: [www.gomotionapp.com/team/assawtsc/page/home](http://www.gomotionapp.com/team/assawtsc/page/home)
  - Personal Information and payments
  - Calendar (dates for practices and meets)
  - Register for swim meets here
- Sport Lomo  
<https://swimming.canada.sportsmanager.ie/sportlomo/users/login?redirect=%2Fsluser%2Fuser-portal>
  - You will be asked to complete a form for your child here

### Emails:

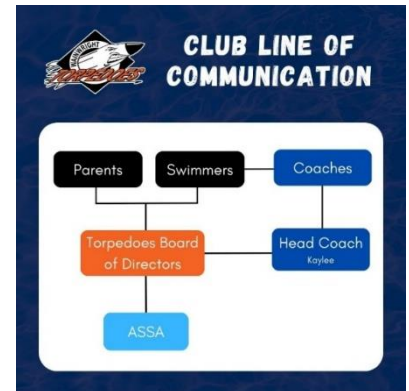
- Emails: An email will come from [TeamUnify](#)
  - It will also include the name of the person sending the email  
Ex: 'Colby Mainville' via TeamUnify.
- E-transfer Payments: [waintorpedoespayments@gmail.com](mailto:waintorpedoespayments@gmail.com) (auto deposit)
  - Please always include the swimmer's name and what the payment is for

### Social Media:

- Facebook Public Page: [Wainwright Torpedoes SWIM CLUB](#)
- Facebook Private Group: [WainTorpedoes Members Group](#)
- TeamSnap: [Wainwright Torpedoes](#)

### Club line of Communication:

- Coaching Questions
  - Through TeamLinkt
  - Please reach out to a Board Member for other questions or concerns
- ASSA questions MUST go through the board



### IMPORTANT DATES:

**Swimsuit Order Deadline:** Past

**Swim-a-thon:** Wednesday, May 14

**Mock Swim Meet:** Wednesday, May 28

**Bottle Drive:** Date TBD

**Club Photos:** Date TBD

**50/50:** From May - July, Draw on Saturday, July 5 (at our swim meet)

**Year End Party:** Date TBD

**Casino:** Fall 2025 - date TBA

### 2025 SWIM MEET DATES:

**Lloydminster:** Saturday, May 31 (Register by noon on May 26)

**Fort Saskatchewan:** Sunday, June 8 (Register by noon on June 2)

**Wetaskiwin:** Saturday, June 14 (Register by noon on June 9)

**Vermilion:** Saturday, June 21 (Register by noon on Jun 16)

**Wainwright:** Saturday, July 5 (Register by noon June 30)

**HUMA (UofA):** Saturday, July 12 (Register by noon on July 7)

**Sherwood Park/Derrick:** Saturday, July 19 (Register by noon on July 14)

**Regionals (Camrose):** July 25-27 (Register by noon on July 21)

**Provincials (Edmonton Kinsmen):** August 1-3 (only those who qualified at regionals will attend provincials)

Meet Mobile APP:  
Great for accessing info  
at swim meets (events/times)



Swim meet registration deadlines will be  
NOON on the Monday prior to the meet.

# SWIM MEET INFORMATION

## PSYCH SHEETS

These come out early and confirm who is registered in the events and show seed times. These sheets are subject to change.

## HEAT SHEETS

Heat sheets list all the swim **events** for the meet, the **swimmer** in each event, what **heat** they are in, and what **lane** they are in. You will also see your swimmer's best **time** in that event or **NT** for "no time." The number of swimmers in each event will determine how many heats there are.

Here is an example heat sheet:

Event # and style	6	Dewald, Jaedyn L	W16	WET	39.16
	<b>Heat 7 of 7 Finals Starts at 09:33 AM</b>				
	1	Ogbeide, Osamudiamen	M13	WET	34.03
	2	Schenk, Parker	M17	HUMA	29.64
	3	Parsons, Ethan W	M15	WET	29.24
	4	Enstrom, Robert	M19	REBEL-CA	29.31
	5	Coleman, Graeme	M14	HUMA	30.49
	6	Castagna, Destiny	W13	CASS	34.52
<b>Event 9 Mixed 10 &amp; Under 50 SC Meter Backstroke</b>					
	Lane	Name	Age	Team	Seed Time
Heat #	<b>Heat 1 of 6 Finals Starts at 09:35 AM</b>				
	1	McAuley, Henley	W8	PROV-AS	NT
	2	Zwicker, Adelaide E	W10	EDMD	NT
	3	Hegedus, Madyson M	W7	WET	1:29.15
	4	Miller, Carrera	W10	CASS	1:30.00
	5	Youse, Shire	W9	PROV-AS	NT
	6	Sauve, Bjorn	M6	HUMA	NT
Lane #	<b>Heat 2 of 6 Finals Starts at 09:37 AM</b>				
	1	Kaese, Georgia G	W6	REBEL-CA	1:22.72
	2	Roth, Marie	W8	HUMA	1:14.63
	3	Roy, Abigaëlle R	W9	WAIN-AS	1:13.43
	4	Wang, Ava	W9	PROV-AS	1:13.72
	5	Oh, Ellin Y	W9	WAIN-AS	1:17.75
	6	Evans, Katie A	W10	WAIN-AS	1:23.61
<b>Heat 3 of 6 Finals Starts at 09:40 AM</b>					
	1	Dela Rosa, Enzo	M8	REBEL-CA	1:13.36
<b>Event 11 Mixed 11 &amp; Over 100 SC Meter Backstroke</b>					
	Lane	Name	Age	Team	Seed Time
Heat #	<b>Heat 1 of 4 Finals Starts at 09:48 AM</b>				
	1				
	2	Oh, Chloe Y	W11	WAIN-AS	2:26.88
	3	Hughes, Masen	M11	CASS	2:10.84
	4	Tulloch, Callum	M11	HUMA	2:26.57
	5	Demeule, Oliver D	M13	WAIN-AS	1:55.55
	6				
Heat #	<b>Heat 2 of 4 Finals Starts at 09:52 AM</b>				
	1	Petersen, Natalie	W13	WAIN-AS	1:58.61
	2	Carton, Callum	M12	WAIN-AS	1:55.35
	3	West, Anna	W13	CASS	1:51.01
	4	Ford, Rowan	W12	REBEL-CA	1:53.34
	5	Bester, Mia J	W11	REBEL-CA	1:56.71
	6	Ostropolski, Pyrrha	W16	VERM-AS	2:10.32
Heat #	<b>Heat 3 of 4 Finals Starts at 09:55 AM</b>				
	1	Langille, Rhett	M14	CASS	1:42.95
	2	Valleau, Gideon	M12	WAIN-AS	1:38.03
	3	Wasylenchuk-MacTagga	W16	FTSK	1:29.44
	4	Castagna, Julia	W15	CASS	1:30.36
	5	Johal, Louise	W15	REBEL-CA	1:40.37
	6	Kim, Leena	W12	WAIN-AS	1:50.24
Heat #	<b>Heat 4 of 4 Finals Starts at 09:58 AM</b>				
	1	Elliot, Dylann	W12	WET	1:28.79

Seed time  
(the last best  
time recorded,  
or NT means  
no time)

**Ellin & Katie are both in Event 9**

Ellin is in heat 2, lane 5

Katie is in heat 2, lane 6

**Oliver, Natalie are all in Event 11**

Oliver is in heat 2, lane 5

Natalie is in heat 2, lane 1

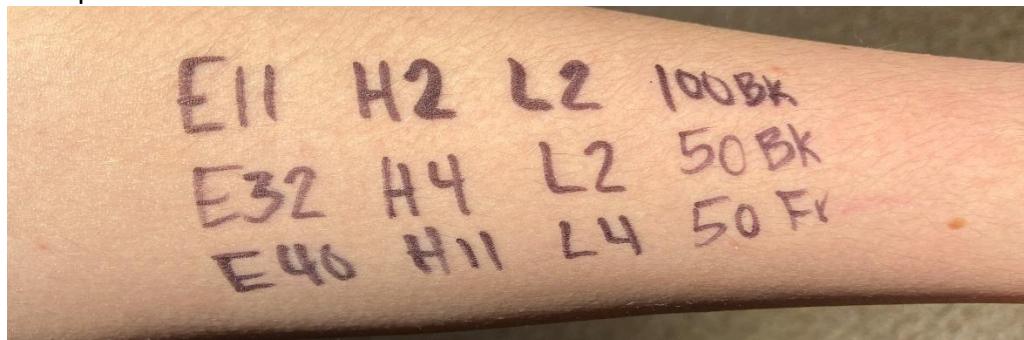
Callum is in heat 2, lane 2

## Marking Your Swimmer

It is a big help if parents mark their swimmer's arm or thigh with a Sharpie before starting their events. (wait until you arrive at swim camp so that you know you have the final information)

- Go through the heat sheet and highlight all the events for which your child is entered.
- You will write 4 columns on your swimmer: E, H, L, S.
  - E – Event
  - H – Heat
  - L – Lane (not all swimmers like this marked as it may change)
  - Stroke/style (ex: 50BR or 100Back)

Example:



Don't worry there will be other parents around that can help with this.

## SWIM MEET PACKING LIST

Please be sure that all the swimmers' personal items are clearly marked with their names.

For swimming:

- |   |  |
|---|--|
| <input type="checkbox"/> <b>swimsuit</b>                                    | <input type="checkbox"/> <b>a sharpie</b> (to write events on swimmer's arm) |
| <input type="checkbox"/> <b>goggles</b> (+ backup pair in case of breakage) | <input type="checkbox"/> <b>robe/pants</b> (to warm up after a swim)         |
| <input type="checkbox"/> <b>swim caps</b>                                   | <input type="checkbox"/> <b>water bottle</b> (not glass)                     |
| <input type="checkbox"/> <b>sandals</b> (to walk to and from the pool)      | <input type="checkbox"/> <b>snacks/lunch and drinks</b> for the day          |
| <input type="checkbox"/> <b>towels</b> (bring extra)                        |  |

For Camp Comfort:

- ☐ blanket/sleeping bag and pillow
- ☐ a small lawn chair (note, some camps are small and will not allow for chairs)
- ☐ dry, warm clothes to put over wet suits (team hoodie and sweatpants)
- ☐ **quiet activities** to do in between swims (games, cards, books, drawing items, etc. – no balls or frisbees)
- ☐ Sunscreen (Provost has an outdoor pool and Fort Sask has an outdoor camp)
- ☐ Torpedoes sweater/shirts or other gear for photos!
- ☐ clothes to change into after the meet is finished