



Wainwright Torpedoes Swim Club

– 2025 Parent Quick Reference Guide

Welcome to The Torpedoes Swim Family!

ABOUT SWIM CLUB

- We belong to ASSA (Alberta Summer Swimming Association)
 - Alberta is split into 6 Regions (A-F)
 - We are part of Region C (includes Wetaskiwin Olympians, Vermilion Vipers, Sherwood Park/Derrick Devil Rays, Lloydminster Rebels, Camrose Sea Serpents, Provost Piranhas, Wainwright Torpedoes, Edmonton UofA Huma, Fort Saskatchewan Piranhas)
- Our focus is to have fun and enjoy the sport of swimming
- Emphasis is on personal development, achieving personal bests as well as teamwork

THE SEASON

- The Season runs May 1 to mid August
- Practice Dates
 - May & June: Monday – Thursday from 5:15-6:30pm
 - July & August: Monday – Thursday from 4:30-6pm

FEES - not included in the registration

- \$400 Fundraising Deposit via postdated check for August 1
 - 1 per family is due by May 12
- Swim meet registrations will be \$25-\$35 per swimmer depending on the meet
 - must be paid before your child is registered to attend a meet
- Team gear (swimsuits, hoodies, sweatpants, swim caps, etc.) from 1234 Marketing
 - More information will be sent out regarding prices and date/time for team fittings to order
 - These are not mandatory to purchase



FUNDRAISING

- the actual cost per swimmer is about \$1500 (registration fee is only \$525) therefore it is vital for **everyone to participate** in fundraising!
 - Information on fundraising will be sent out. Some of our regular fundraising activities are: Swim-a-thon, 50/50 or Raffle, Bottle Drive and a Casino
- Let us know if you would like to join the fundraising committee or have ideas to share



VOLUNTEERING EXPECTATIONS

- Every swimmer sends one parent/guardian to volunteer at meets in which they attend
- One person from every household should obtain at minimum the intro to swimming course

Board Members Contact Info:

- **Colby Mainville** (President)
587-281-2516
- **Katherine Petersen** (VP)
780-806-9584
- **Diane Evans** (Treasurer)
403-575-5392
- **Lindsay Carton** (Secretary)
306-603-1144
- **Stella Lee** (Registrar/COA)
780-806-9882
- **Jodi Valleau** (COA)
780-842-0683
- **Selene Stang** (Director)
780-806-6819

CLUB COMMUNICATION/RESOURCES

Websites:

- SportsEngine Motion: www.gomotionapp.com/team/assawtsc/page/home
 - Personal Information and payments
 - Calendar (dates for practices and meets)
 - Register for swim meets here
- Sport Lomo
<https://swimming.canada.sportsmanager.ie/sportlomo/users/login?redirect=%2Fsluser%2Fuser-portal>
 - You will be asked to complete a form for your child here

Emails:

- Emails: An email will come from [TeamUnify](#)
 - It will also include the name of the person sending the email
Ex: 'Colby Mainville' via TeamUnify.
- E-transfer Payments: waintorpedoespayments@gmail.com (auto deposit)
 - Please always include the swimmer's name and what the payment is for

Social Media:

- Facebook Public Page: [Wainwright Torpedoes SWIM CLUB](#)
- Facebook Private Group: [WainTorpedoes Members Group](#)
- TeamSnap: [Wainwright Torpedoes](#)

Club line of Communication:

- Coaching Questions
 - Through TeamLinkt
 - Please reach out to a Board Member for other questions or concerns
- ASSA questions MUST go through the board



IMPORTANT DATES:

Swimsuit Order Deadline: Past

Swim-a-thon: Wednesday, May 14

Mock Swim Meet: Wednesday, May 28

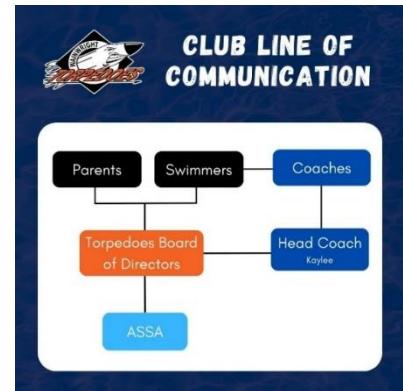
Bottle Drive: Date TBD

Club Photos: Date TBD

50/50: From May - July, Draw on Saturday, July 5 (at our swim meet)

Year End Party: Date TBD

Casino: Fall 2025 - date TBA



2025 SWIM MEET DATES:

Lloydminster: Saturday, May 31 (Register by noon on May 26)

Fort Saskatchewan: Sunday, June 8 (Register by noon on June 2)

Wetaskiwin: Saturday, June 14 (Register by noon on June 9)

Vermilion: Saturday, June 21 (Register by noon on Jun 16)

Wainwright: Saturday, July 5 (Register by noon June 30)

HUMA (UofA): Saturday, July 12 (Register by noon on July 7)

Sherwood Park/Derrick: Saturday, July 19 (Register by noon on July 14)

Regionals (Camrose): July 25-27 (Register by noon on July 21)

Provincials (Edmonton Kinsmen): August 1-3 (only those who qualified at regionals will attend provincials)

Meet Mobile APP:
Great for accessing info
at swim meets (events/times)



Swim meet registration deadlines will be
NOON on the Monday prior to the meet.

SWIM MEET INFORMATION

PSYCH SHEETS

These come out early and confirm who is registered in the events and show seed times. These sheets are subject to change.

HEAT SHEETS

Heat sheets list all the swim **events** for the meet, the **swimmer** in each event, what **heat** they are in, and what **lane** they are in. You will also see your swimmer's best **time** in that event or **NT** for "no time." The number of swimmers in each event will determine how many heats there are.

Here is an example heat sheet:

6	Dewald, Jaedyn L	W16	WET	39.16
Heat 7 of 7 Finals Starts at 09:33 AM				
1	Ogbeide, Osamudiamen	M13	WET	34.03
2	Schenk, Parker	M17	HUMA	29.64
3	Parsons, Ethan W	M15	WET	29.24
4	Enstrom, Robert	M19	REBEL-CA	29.31
5	Coleman, Graeme	M14	HUMA	30.49
6	Castagna, Destiny	W13	CASS	34.52
Event # and style				
Event 9 Mixed 10 & Under 50 SC Meter Backstroke				
Lane Name Age Team Seed Time				
Heat 1 of 6 Finals Starts at 09:35 AM				
1	McAuley, Henley	W8	PROV-AS	NT
2	Zwicker, Adelaide E	W10	EDMD	NT
3	Hegedus, Madyson M	W7	WET	1:29.15
4	Miller, Carrera	W10	CASS	1:30.00
5	Youse, Shire	W9	PROV-AS	NT
6	Sauve, Bjorn	M6	HUMA	NT
Heat #				
Heat 2 of 6 Finals Starts at 09:37 AM				
1	Kaese, Georgia G	W6	REBEL-CA	1:22.72
2	Roth, Marie	W8	HUMA	1:14.63
3	Roy, Abigaelle R	W9	WAIN-AS	1:13.43
4	Wang, Ava	W9	PROV-AS	1:13.72
Lane #				
5	Oh, Ellin Y	W9	WAIN-AS	1:17.75
6	Evans, Katie A	W10	WAIN-AS	1:23.61
Heat 3 of 6 Finals Starts at 09:40 AM				
1	Dela Rosa, Enzo	M8	REBEL-CA	1:13.36

6	West, Charlotte	W10	CASS	58.07
Event 11 Mixed 11 & Over 100 SC Meter Backstroke				
Lane Name	Age	Team	Seed Time	
Heat 1 of 4 Finals Starts at 09:48 AM				
1				
2	Oh, Chloe Y	W11	WAIN-AS	2:26.88
3	Hughes, Masen	M11	CASS	2:10.84
4	Tulloch, Callum	M11	HUMA	2:26.57
5	Demeule, Oliver D	M13	WAIN-AS	2:05.55
Event # and style				
Event 11 Mixed 11 & Over 100 SC Meter Backstroke				
Lane Name Age Team Seed Time				
Heat 2 of 4 Finals Starts at 09:52 AM				
1	Petersen, Natalie	W13	WAIN-AS	1:58.61
2	Carton, Callum	M12	WAIN-AS	1:55.35
3	West, Anna	W13	CASS	1:51.01
4	Ford, Rowan	W12	REBEL-CA	1:53.34
5	Bester, Mia J	W11	REBEL-CA	1:56.71
6	Ostropolski, Pyrrha	W16	VERM-AS	2:10.32
Heat 3 of 4 Finals Starts at 09:55 AM				
1	Langille, Rhett	M14	CASS	1:42.95
2	Valleau, Gideon	M12	WAIN-AS	1:38.03
3	Wasylechuk-MacTaggad	W16	FTSK	1:29.44
4	Castagna, Julia	W15	CASS	1:30.36
5	Johal, Louise	W15	REBEL-CA	1:40.37
6	Kim, Leena	W12	WAIN-AS	1:50.24
Heat 4 of 4 Finals Starts at 09:58 AM				
1	Elliot, Dylann	W12	WET	1:28.79

Seed time
(the last best time recorded, or NT means no time)

Ellin & Katie are both in Event 9

Ellin is in heat 2, lane 5

Katie is in heat 2, lane 6

Oliver, Natalie are all in Event 11

Oliver is in heat 2, lane 5

Natalie is in heat 2, lane 1

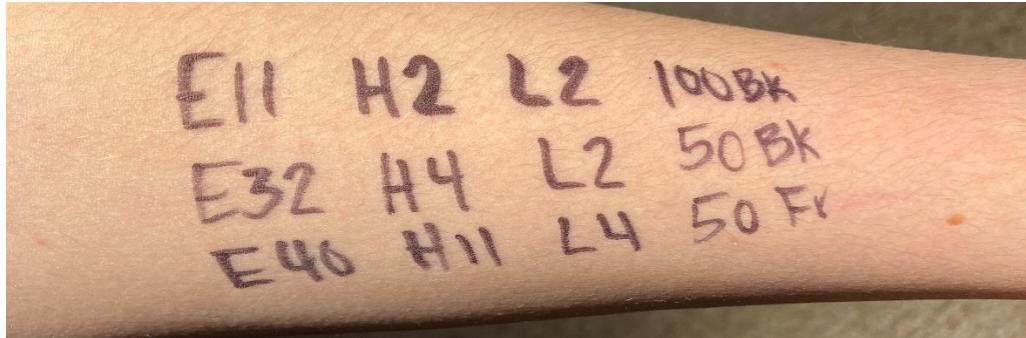
Callum is in heat 2, lane 2

Marking Your Swimmer

It is a big help if parents mark their swimmer's arm or thigh with a Sharpie before starting their events. (wait until you arrive at swim camp so that you know you have the final information)

- Go through the heat sheet and highlight all the events for which your child is entered.
- You will write 4 columns on your swimmer: E, H, L, S.
 - E – Event
 - H – Heat
 - L – Lane (not all swimmers like this marked as it may change)
 - Stroke/style (ex: 50BR or 100Back)

Example:



Don't worry there will be other parents around that can help with this.

SWIM MEET PACKING LIST

Please be sure that all the swimmers' personal items are clearly marked with their names.

For swimming:

<input type="checkbox"/> swimsuit	<input type="checkbox"/> a sharpie (to write events on swimmer's arm)
<input type="checkbox"/> goggles (+ backup pair in case of breakage)	<input type="checkbox"/> robe/pants (to warm up after a swim)
<input type="checkbox"/> swim caps	<input type="checkbox"/> water bottle (not glass)
<input type="checkbox"/> sandals (to walk to and from the pool)	<input type="checkbox"/> snacks/lunch and drinks for the day
<input type="checkbox"/> towels (bring extra)	

For Camp Comfort:

- blanket/sleeping bag and pillow
- a small lawn chair (note, some camps are small and will not allow for chairs)
- dry, warm clothes to put over wet suits (team hoodie and sweatpants)
- quiet activities** to do in between swims (games, cards, books, drawing items, etc. – no balls or frisbees)
- Sunscreen (Provost has an outdoor pool and Fort Sask has an outdoor camp)
- Torpedoes sweater/shirts or other gear for photos!
- clothes to change into after the meet is finished